



THURSDAY – RAFTING ON THE ADIGE RIVER

Minimum age: from 4 years accompanied by a parent

from 8 years unaccompanied by a parent

Costs: € 35,00 - children up to 13 y.

€ 45,00 - from 14 y.

Payment in cash only!

At **0:45 pm** we will be picked up by minibuses at the hotel entrance and drive together to Castelbello. On the river rapids we will spend two action-packed hours!

In order to be well prepared for the adventure ahead, we will receive an introduction and suitable clothing for rafting on site. Please also bring a swimsuit, a towel, a lot of good humour and adventure spirit!

We will return to the hotel at around **4:00 pm**.



FRIDAY – MINI-GOLF IN SILANDRO

Minimum age: 3

Costs: around € 15,00

Awaiting you is an afternoon full of excitement, fun and games in Silandro. The colorful mini-golf course with 18 holes and varying difficulty will make hearts beat faster, the courses are a fun challenge for young and old. After the competition under shady trees, we will treat ourselves with an ice cream and will relax in the warm summer air. We meet at the hotel reception at **01:00 pm** and will drive together to Silandro. We will be back at around **5:00 pm**. I am looking forward to seeing you!



TEENIE PROGRAM

YOUR PROGRAM FOR A GOOD MOOD

HELLO TEENS!

Also this week I offer you a varied program so that you can enjoy your vacation here with us in the Hotel Paradise even more! I am looking forward to daily activities with you and I am sure that we will have a lot of fun.

For all activities you should register at least the day before, until 05.00 pm. You will pay the costs yourself, directly on site.

All our activities are dependent on the weather and unfortunately have to be cancelled in case of bad weather.

I am looking forward to meeting you and can't wait to get to know you! See you soon

Your Teenie & Kids Club Team

The teen's program is held five days a week from July to August. This is an example program.





MONTAG – 3D PARCOUR WITH BOW AND ARROW IN TARRES

Minimum age: 8 anni
Maximum participants: 8
Costi: around € 25,00

Let's go on an adventurous 3D parcour with numerous stations in the middle of nature! – The outdoor bow sport centre in the Venosta Valley awaits you with 28 3D animals, which look amazingly real. We meet at **01:45 pm** at the hotel reception and take a shuttle to the village of Tarres. Together we will attempt to shoot as many targets as possible. Afterwards we will enjoy a picnic in the forest. Arrival back at the hotel: around **04:30 pm**. For this adventurous excursion you need good shoes and sporty clothes!

TUESDAY - HIGH ROPES COURSE „LITZER WALDELE”

Minimum age: 8 anni
Minimum participants: 3
Costi: around € 25,00



The largest high ropes course and at the same time the first natural ropes course in the Venosta Valley is located in the Allitzer forest near Lasa. The high ropes course offers 10 courses with 100 platforms at different heights and difficulty levels. Beginners will find elements at reachable heights, while advanced climbers can venture between the tree tops at dizzying heights. We will meet at the reception at **01:00 pm** and take a shuttle to Allitz. We will be back at the hotel around **04:30 pm**.



TUESDAY - VOLLEYBALL FOR THE WHOLE FAMILY!

We meet at the sports field at 4:00 pm.
Minimum participants: 6

The volleyball-competition is all about having fun. It is a great opportunity to spend time together with your friends and family on our new sports field.

WEDNESDAY - RIDING AT THE HORSE FARM IN PRATO ALLO STELVIO

Minimum age: 8 anni
Costi: around € 25,00
Maximum participants: 5



Twelve horses and ponies are waiting to be taken out and fed with apples! Let's explore the beautiful natural landscape of the „Prader Sand“ river on the horsebacks.

We will meet at the hotel reception at **1:00 pm** and drive together to Prato allo Stelvio. There we will be given the most important information about horse care and then we will ride out with the freshly groomed animals. Afterwards we will have a picnic on the farm and return to the hotel at around **5:30 pm**.